

NSW SCHOOL *of* MASSAGE



**YOUR
MASSAGE
CAREER
STARTS
HERE!**

Courses
Australia
Wide

International
Students
Welcome

Award
Winning
Education



www.schoolofmassage.com.au



Welcome

The NSW School of Massage is not like any other school. You will enjoy classes that are 'hands-on', fun and supportive. Our focus will be on your personal and professional growth.

For over 30 years, our school has been providing specialist massage training to students.

Whether you have a general interest in learning more about massage or you are looking for a new career path in this exciting and growing area, you are sure to find your time with us very rewarding.

We have a range of courses to suit beginners who are new to massage or individuals who have undertaken courses previously and are more experienced.

The school also welcomes international students from many different countries.

With 4 campuses around Australia students can create the ultimate Australian experience, while becoming a professional massage therapist.

explore massage

"I have always had an interest in learning massage. The NSW School of Massage has given me the knowledge and encouragement to become a professional Massage Therapist. I now own my own business and have a great career." Arron Hart



international students welcome

The School welcomes international students from many different countries.

Our CRICOS accredited courses allow international students to pursue an Australian qualification in massage therapy whilst enjoying everything Australia has to offer.

International students can find more details about how to apply, course timetables and English proficiency information at our website www.schoolofmassage.com.au/internationalstudents

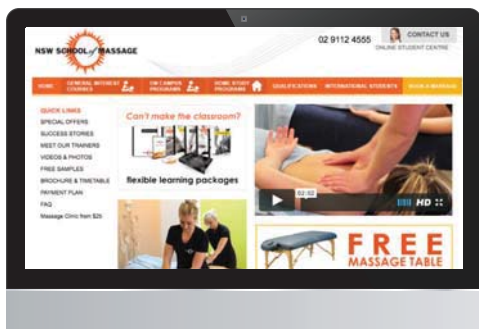
How do you learn best?

The NSW School of Massage offers both classroom and home study learning options for students*.

Classroom programs focus on a 'hands-on' approach to learning. You will get plenty of practical experience as well as theory lessons that are fun and dynamic. This allows students to immediately put theory into practice. Students will also get to practise their skills in our Student Clinic. This is a great opportunity to learn massage skills in a real life settings.

If you need more flexibility to achieve your massage qualifications then a quality home study program is a perfect option. As a student you will enjoy a course that combines easy-to-follow course notes plus hands on practical tasks and assignments.

Example Timetable	Day 1	Day 2
Session 1	Massage Lesson	Massage Lesson
Session 2	Massage Lesson	
+ 40 hours per term of student clinic		
+ 5 hours of home study per week on average		
4 intakes each year - January/April/July/October		



For more information visit www.schoolofmassage.com.au

- Detailed course & qualification information
- International Student information
- Enrolment & application information
- Timetables
- Tuition fees
- Free sample courses

*Note: International students are required to undertake classroom programs.

professional qualifications

Certificate IV in Massage Therapy (HLT42015)

The Certificate IV in Massage Therapy is the national qualification that allows you to work as a professional massage therapist in Australia. It will provide you with skills in therapeutic relaxation massage including basic health assessment and treatment.

Diploma of Remedial Massage (HLT52015)

This qualification is recommended for practitioners looking to upgrade their skills and education qualifications. The Diploma of Remedial Massage offers more advanced massage techniques.

Professional Massage Certificate

The Professional Massage Certificate is the perfect entry point for first time students into the massage industry. It offers a fast and easy way to gain massage skills and kick start a new career.

Course	Duration	Study Mode
Professional Massage Certificate	Full Time 6 Months	✓ Home Study only
Certificate IV in Massage Therapy HLT42015	Full Time 9 Months	✓ Classroom ✓ Home Study
Diploma of Remedial Massage HLT52015	Full Time 18 Months	✓ Classroom ✓ Home Study



certificate IV

in massage therapy

Massage Foundations

In Massage Foundations students will learn a full body Swedish massage sequence. The module enables total beginners as well as students with some knowledge of massage to reach a clinical standard within a short amount of time.

Massage Techniques

In Massage Techniques, Students will build further on their range of massage skills and learn Deep Tissue massage techniques. These techniques will focus on treating conditions such as headaches, sciatic pain, rotator cuff injuries etc.

Students will have the opportunity to practice the massage techniques on the classroom as well as receive massages in return.

Heath Science

This module provides the knowledge of the structure and function of the systems of the body and how each system relates to the body as a whole. By understanding each system of the body the massage therapist can better plan the massage treatment for their client.

Safe Work Practices

In this module you will learn about the importance of infection control guidelines, hazard identification procedures and strategies for prevention of manual handling injuries. Workplace Health & Safety requirements according to legislation and codes of practice are examined.

The Massage Business

This module teaches students the skills required to provide administration for massage therapy practice. It looks at the introductory skills and knowledge required to work effectively in a healthcare setting. This includes managing interactions with patients, clients, staff, visitors, suppliers and others to meet established work requirements.

Professional Practice

This module teaches students the skills and knowledge required to evaluate and enhance own practice through a process of reflection and ongoing professional development. It applies to remedial massage therapists to take pro-active responsibility for their own professional development..

Student Clinic - Certificate IV in Massage Therapy

As part of the program students get to experience a real life massage clinic where they can gain hands on practical massage experience as well as client consultation. This will guarantee that you are job ready once your qualification is completed.

9 Modules – 3 terms (30 weeks)

1	Massage Foundations
2	Massage Techniques A
3	Massage Techniques B
4	Provide First Aid
5	Health Science
6	Safe Work Practices
7	The Massage Business
8	Professional Practice
9	Student Clinic - Certificate IV in Massage Therapy

diploma of

remedial massage

The Diploma of Remedial Massage shares modules 1-7 of the Certificate IV in Massage program and the addition of:

Sport Massage

In Sports Massage, Students will build further on their range of massage skills and learn Sports massage techniques. Not just limited to athletes, these techniques will focus on treatments for client recovery, performance and rehabilitation.

Remedial Massage Techniques A,B,C

In Remedial Massage Techniques modules, Students will learn to prepare for and provide remedial massage treatments based on the outcomes of an existing health assessment and treatment plan. This can include treatments for a wide variety of clients including those presenting with soft tissue dysfunction, musculoskeletal imbalance or restrictions in range of motion (ROM).

Nutrition

This module teaches the student to interpret and use basic information about nutritional principles and healthy diet. It applies to working with your clients within the limits of the Australian dietary guidelines and to make referrals to other health professionals or accredited practising dietitians when those limits are exceeded.

Advanced Health Science

This module builds furthers the students foundation knowledge of Health Science and the knowledge of the structure and function of the systems of the body and how each system relates to the body as a whole. It introduces pathophysiology and learning of the disordered physiological processes associated with disease or injury.

Student Clinic – Diploma of Remedial Massage

As part of the program students get to experience a real life massage clinic where they can gain hands on practical remedial massage experience as well as client consultation. This will guarantee that you are job ready once your qualification is completed.

First Aid

All of our professional qualifications require the students to complete a first aid certificate which can either be completed externally or on the campus for an additional fee.

15 Modules – 6 terms (60 weeks)

1	Massage Foundations
2	Massage Techniques A
3	Massage Techniques B
4	Provide First Aid
5	Health Science
6	Safe Work Practices
7	The Massage Business
8	Professional Practice
9	Sports Massage
10	Remedial Massage Techniques A (Prac & Theory)
11	Remedial Massage Techniques B (Prac & Theory)
12	Remedial Massage Techniques C (Prac & Theory)
13	Nutrition
14	Advanced Health Science
15	Student Clinic - Diploma of Remedial Massage

professional

massage certificate

The Professional Massage Certificate is the perfect entry point for first time students into the massage industry.

Students will undertake the majority of the program by flexible home learning supported by course tutors. At the completion of the just massage modules from this course, students will then arrange for an on-campus practical technique assessment to ensure they have mastered their hands on skills.

Graduates of the Professional Massage Certificate will be able to register with the Massage Association of Australia and obtain professional massage insurance prior to starting their own massage practice and massage career.

Students can then continue on a pathway to additional massage qualifications in the future.

Be Job-Ready in 20 Weeks!

Our self-paced course allows you to acquire the necessary skills to be a professional massage therapist in just 20 weeks.

The modules your Professional Massage Certificate course will cover include:

Massage Foundations

In Massage Foundations students will learn a full body Swedish massage sequence. The module enables total beginners as well as students with some knowledge of massage to reach a clinical standard within a short amount of time.

Massage Techniques

In Massage Techniques, Students will build further on their range of massage skills and learn Deep Tissue massage techniques. These techniques will focus on treating conditions such as headaches, sciatic pain, rotator cuff injuries etc.

Students will have the opportunity to practice the massage techniques on the classroom as well as receive massages in return.

Heath Science

This module provides the knowledge of the structure and function of the systems of the body and how each system relates to the body as a whole. By understanding each system of the body the massage therapist can better plan the massage treatment for their client.

9 Modules – 3 terms (30 weeks)

1	Massage Foundations
2	Massage Techniques A
3	Massage Techniques B
4	Provide First Aid
5	Health Science

home study

massage courses

Course	Structure
Professional Massage Certificate	5 Modules
Certificate IV in Massage Therapy HLT42015	9 Modules including Student Clinic
Diploma of Remedial Massage HLT52015	15 Modules including Student Clinic

If you need more flexibility to achieve your massage qualifications then a quality home study course is a perfect option. Learning your massage skills by home study will mean:

- ✓ You are 100% flexible & can self pace your course
- ✓ You can start at anytime
- ✓ Your course will still include practical training & learning
- ✓ You will have full Tutor support to complete your course

Our home study courses allow you to achieve your massage qualifications in your own time and without the pressures of a fixed timetable. As a student you will enjoy a course that combine easy-to-follow course notes plus hands on practical tasks and assignments.

Each Home Study course also includes personal tutors who will assist you through each different module of the program. At the end of your Massage Practical and Clinical modules you will also be assessed in person to ensure you have mastered to skills to start your new massage career.

As part of the **Certificate IV in Massage Therapy** and the **Diploma of Remedial Massage**, students get to experience a real world massage clinic! The Student Clinic module involves the student role playing real life clinical skills and then demonstrating these skills in a number of practical settings.

Come to our Sydney Campus to complete your student clinic under the supervision of our qualified massage therapists. We have a large number of regular clients for you to practice your massage skills with the confidence of always knowing that an experienced massage therapist is close.



on campus

massage courses

In class, students will be taught to deal with a wide range of problems utilising basic and advanced massage techniques. Our massage therapy programs focus on “hands-on” learning.

This allows students to immediately put theory into practice. Students will also get to practise their skills in our Student Clinic. This is a great opportunity to learn massage skills in a real life setting.

Diploma of Remedial Massage - Specialisation Program

The specialisation program includes the same modules as the Diploma of Remedial Massage, with the addition of electives that match your area of interest and career goals.

Some of the electives you may be able to choose from are:

- Aromatherapy
- Reflexology
- Shiatsu
- Rehabilitation Massage
- Sports II Massage
- Pregnancy Massage

Qualification: Certificate IV in Massage Therapy



30 weeks full time

Your timetable will include:

On Campus Massage Lessons

Home Study Elements

Student Massage Clinic

Qualification: Diploma of Remedial Massage



60 weeks full time

Your timetable will include:

On Campus Massage Lessons

Home Study Elements

Student Massage Clinic

Qualification: Diploma of Remedial Massage - Specialisation Program



80 weeks full time

Your timetable will include:

On Campus Massage Lessons

Home Study Elements

Student Massage Clinic



how to enrol

Steps	Procedure
Step 1	<ul style="list-style-type: none">• Download the enrolment or application form from our website
Step 2	<ul style="list-style-type: none">• Select your preferred course, campus and study days
Step 3	<ul style="list-style-type: none">• Email your enrolment or application form to the school
Step 4	<ul style="list-style-type: none">• Our Student Advisors will contact you to confirm your enrolment or application
Additional Steps for International Students	
Step 5	<ul style="list-style-type: none">• After reviewing your application you will receive a <i>Letter of Offer</i>. Follow the instructions on the <i>Letter of Offer</i>. Please note that every <i>Letter of Offer</i> has an expiry date.
Step 6	<ul style="list-style-type: none">• Once we have received the signed <i>Letter of Offer</i> and payment, you will be issued a <i>Confirmation of Enrolment (CoE)</i> which you will need to apply for your student visa.

*"The **NSW School of Massage** really helped me **develop professionally** in the field of massage and thinking out of the box. They truly want us to be **great therapists** and conquer the world!"* Ellen van der Heide

YOUR MASSAGE CAREER STARTS HERE!



- ✓ **Enjoy fun classes**
Our 'hands-on' approach to learning means you will gain plenty of practical experience. Our theory lessons are fun and dynamic.
- ✓ **Great job outcomes**
Graduating students can expect to apply for massage therapy jobs such as:
 - Massage Therapist
 - Massage Practice Manager
 - Massage Clinic Supervisor
 - Spa Manager
- ✓ **Industry recognition**
Our nationally accredited qualifications are recognised by leading industry associations.
- ✓ **Award winning education and 30 years experience**
Our School enjoys an excellent industry reputation for delivering quality education for over 30 years. We have been a finalist for both the **Australian Council for Private Education and Training** and **Victorian International Education Awards**.

Campus locations AUSTRALIA WIDE



Sydney campus

Head Office
Level 1, 225 Clarence Street,
SYDNEY, NSW 2000



Melbourne campus

Lincoln Square Fitness
Level 1, 183 Bouverie Street
Carlton, VIC 3053



Perth campus

Lords Recreation Centre
3 Price Street
Subiaco, WA 6008



Brisbane campus

University of Queensland
Sport and Fitness
Building 25, Union Road
St Lucia, QLD 4067

NSW SCHOOL *of* MASSAGE

Contact or visit us:

P 02 9112 4555 **A** Level 1, 225 Clarence St. Sydney NSW 2000

W www.schoolofmassage.com.au

