

medicinal herbs

Study Hours: 100 hours
Assignments : 8
Examinations: 1



This course provides an excellent foundation for developing a sound knowledge of medicinal herbs.

You will learn the basics of how to identify and correctly administer herbs for medicinal purposes.

COURSE STRUCTURE – self directed learning

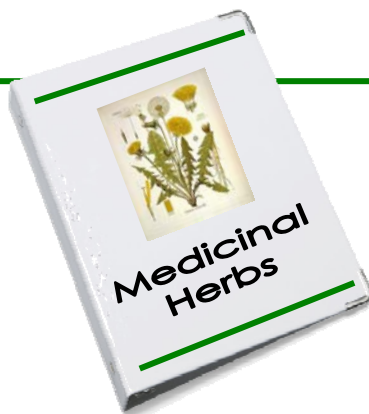
1. Introduction to Medicinal Herbs
2. Culture of Medicinal Herbs
3. History
4. Main Medicinal Herbs
5. Herbal Remedies
6. Preparing Herbal remedies
7. Poisonous Plants
8. Developing a Production Plan

Just a few tasks students will do include: learn methods to administer different herbal medicines which are safe and appropriate to make and use at home, grow different medicinal herbs, learn how to buy medicinal herbs, learn safety aspects of using medicinal herbs for different types of people.

LEARNING AIMS FOR THIS COURSE INCLUDE:

- Distinguish between medicinal herbs in cultivation including twenty-five different genera and fifty different varieties.
- Discuss the history of medicinal herb usage.
- Compare the chemical components of different medicinal herbs in terms of their general affect on the human body.
- Prepare simple and safe herbal remedies in a domestic situation.
- Explain the potential dangers involved in dealing with plants.
- Prepare a schedule of cultural practices for a medicinal herb crop.
- Develop a production plan for a medicinal herb crop.

Special Note : Many plants or plant combinations are poisonous. For this reason, it is essential that before using an herb, you are able to POSITIVELY identify it.




- ▶ This course is delivered by self paced learning with tutor support.
- ▶ You receive a comprehensive set of course notes and assignments.
- ▶ You have 6 months from date of enrolment to complete the program and assessments.
- ▶ A Certificate is provided on successful completion.

- ✓ Comprehensive training materials
 - ✓ Self development and new skills
 - ✓ Tutor support
- PLUS, CPE Point Approved with ATMS (30 points)**

Course fee
ONLY \$595

NSW SCHOOL of MASSAGE

 (02) 9283 2588