



NSW SCHOOL *of* MASSAGE

**YOUR
MASSAGE
CAREER
STARTS
HERE!**



Courses
Australia
Wide

International
Students
Welcome

Award
Winning
Education



www.schoolofmassage.com.au



welcome

The NSW School of Massage is not like any other school. You will enjoy classes that are 'hands-on', fun and supportive. Our focus will be on your personal and professional growth.

For over 30 years, our school has been providing specialist massage training to students.

Whether you have a general interest in learning more about massage or you are looking for a new career path in this exciting and growing area, you are sure to find your time with us very rewarding.

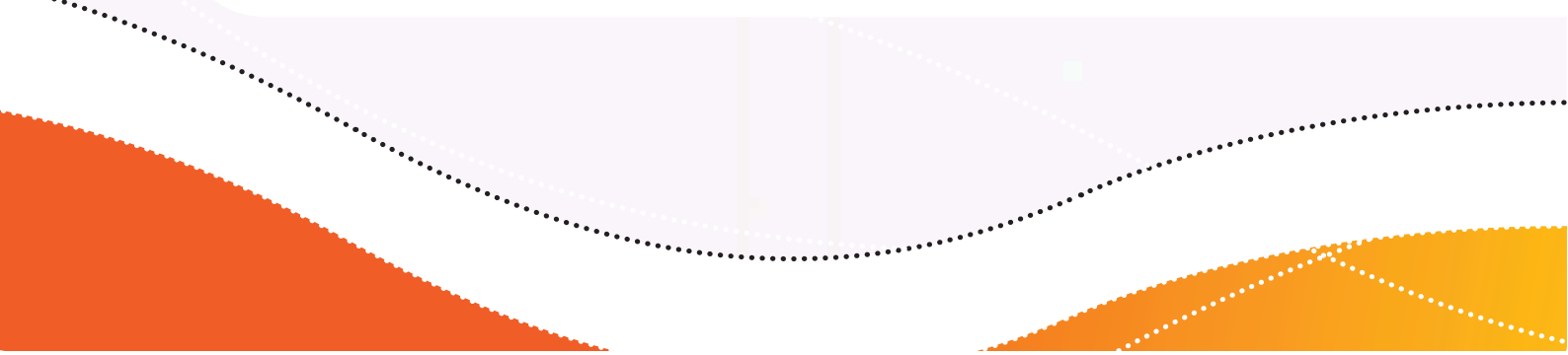
We have a range of courses to suit beginners who are new to massage or individuals who have undertaken courses previously and are more experienced.

The school also welcomes international students from many different countries.

With 4 campuses around Australia students can create the ultimate Australian experience, while becoming a professional massage therapist.

explore massage

"I have always had an interest in learning massage. The NSW School of Massage has given me the knowledge and encouragement to become a professional Massage Therapist. I now own my own business and have a great career." Arron Hart



course overview

- ✓ Nationally Recognised Qualifications
- ✓ Beginner Classes
- ✓ Classroom or Home Study Programs
- ✓ Flexible Study Options - Full Time or Part Time
- ✓ International Student Programs

Massage therapy is a unique profession that blends an ancient healing art with modern science and gives therapists a truly unique feeling, knowing they are directly improving the health and wellbeing of their clients.

Our nationally accredited massage qualifications allow students to work as a professional massage therapist in Australia and join leading industry associations.

All our massage therapy programs focus on practical learning. Students will be taught to deal with a wide range of client problems utilising basic and advanced massage techniques.

This allows students to immediately put theory into practice. Students will also get to practise their skills in our Student Clinic. This is a great opportunity to apply massage skills in a real life setting.

Topics Include:

- Massage Foundations
- Massage Techniques
- Health Sciences
- Massage Clinic Skills
- Remedial Massage Techniques
- Nutrition
- Professional Practice
- Practice Management
- The Massage Business

"You have inspired me to make my massage business become amazing. You have taught me to look at the larger picture and most of all you have made me feel confident to do so."

Andrea Watkins



Explore additional qualifications

Our school is part of a group that offers many more qualifications. Students can combine a variety of courses to create their own tailor made learning experience. Additional programs you can explore include:

- Sport & Recreation Management
- Fitness Instructing
- Personal Training
- Dance Teaching

professional qualifications

Many students come to the School to start their new career or small business in massage therapy. The School specifically caters to these students by offering 3 nationally recognised massage programs:

Certificate IV in Massage Therapy

The Certificate IV in Massage Therapy is the national qualification that allows you to work as a professional massage therapist in Australia. It will provide you with skills in therapeutic relaxation massage including basic health assessment and treatment.

Diploma of Remedial Massage - General Program

This qualification is recommended for practitioners looking to upgrade their skills and education qualifications. The Diploma of Remedial Massage offers more advanced massage techniques.

Diploma of Remedial Massage - Specialisation Program

The Diploma of Remedial Massage – Specialisation Program includes the same modules as the Diploma of Remedial Massage, with the addition of electives that match your area of interest and career goals.

Course	Duration	Prerequisites
Certificate IV in Massage Therapy (HLT42015)	Full Time 9 Months 3 X 10 week terms	None
Diploma of Remedial Massage – General Program (HLT52015)	Full Time 18 Months 6 X 10 week terms	None
Diploma of Remedial Massage – Specialisation Program (HLT52015)	Full Time 24 Months 8 X 10 week terms	None



certificate IV

in massage therapy

Massage Foundations

In Massage Foundations students will learn a full body Swedish massage sequence. The module enables total beginners as well as students with some knowledge of massage to reach a clinical standard within a short amount of time.

Massage Techniques

In Massage Techniques, Students will build further on their range of massage skills and learn Deep Tissue massage techniques. These techniques will focus on treating conditions such as headaches, sciatic pain, rotator cuff injuries etc.

Students will have the opportunity to practice the massage techniques on the classroom as well as receive massages in return.

Heath Science

This module provides the knowledge of the structure and function of the systems of the body and how each system relates to the body as a whole. By understanding each system of the body the massage therapist can better plan the massage treatment for their client.

Safe Work Practices

In this module you will learn about the importance of infection control guidelines, hazard identification procedures and strategies for prevention of manual handling injuries. Workplace Health & Safety requirements according to legislation and codes of practice are examined.

The Massage Business

This module teaches students the skills required to provide administration for massage therapy practice. It looks at the introductory skills and knowledge required to work effectively in a healthcare setting. This includes managing interactions with patients, clients, staff, visitors, suppliers and others to meet established work requirements.

Professional Practice

This module teaches students the skills and knowledge required to evaluate and enhance own practice through a process of reflection and ongoing professional development. It applies to remedial massage therapists to take proactive responsibility for their own professional development..

Student Clinic - Certificate IV in Massage Therapy

As part of the program students get to experience a real life massage clinic where they can gain hands on practical massage experience as well as client consultation. This will guarantee that you are job ready once your qualification is completed.

9 Modules – 3 terms (30 weeks)

1	Massage Foundations
2	Massage Techniques A
3	Massage Techniques B
4	Provide First Aid
5	Health Science
6	Safe Work Practices
7	The Massage Business
8	Professional Practice
9	Student Clinic - Certificate IV in Massage Therapy

diploma of remedial massage

The Diploma of Remedial Massage shares modules 1-7 of the Certificate IV in Massage program and the addition of:

Sport Massage

In Sports Massage, Students will build further on their range of massage skills and learn Sports massage techniques. Not just limited to athletes, these techniques will focus on treatments for client recovery, performance and rehabilitation.

Remedial Massage Techniques A,B,C

In Remedial Massage Techniques modules, Students will learn to prepare for and provide remedial massage treatments based on the outcomes of an existing health assessment and treatment plan. This can include treatments for a wide variety of clients including those presenting with soft tissue dysfunction, musculoskeletal imbalance or restrictions in range of motion (ROM).

Nutrition

This module teaches the student to interpret and use basic information about nutritional principles and healthy diet. It applies to working with your clients within the limits of the Australian dietary guidelines and to make referrals to other health professionals or accredited practising dietitians when those limits are exceeded.

Advanced Health Science

This module builds further the students foundation knowledge of Health Science and the knowledge of the structure and function of the systems of the body and how each system relates to the body as a whole. It introduces pathophysiology and learning of the disordered physiological processes associated with disease or injury.

Student Clinic – Diploma of Remedial Massage

As part of the program students get to experience a real life massage clinic where they can gain hands on practical remedial massage experience as well as client consultation. This will guarantee that you are job ready once your qualification is completed.

Specialisation Program

The Diploma of Remedial Massage – Specialisation Program offers you all the great training of the Diploma, with the addition of electives that match your area of interest. Some of the electives you may be learning are:

- Aromatherapy
- Shiatsu
- Rehabilitation Massage
- Reflexology
- Pregnancy Massage
- Sports II Massage

15 Modules – 6 terms (60 weeks)

1	Massage Foundations
2	Massage Techniques A
3	Massage Techniques B
4	Provide First Aid
5	Health Science
6	Safe Work Practices
7	The Massage Business
8	Professional Practice
9	Sports Massage
10	Remedial Massage Techniques A (Prac & Theory)
11	Remedial Massage Techniques B (Prac & Theory)
12	Remedial Massage Techniques C (Prac & Theory)
13	Nutrition
14	Advanced Health Science
15	Student Clinic - Diploma of Remedial Massage



international students welcome

The School welcomes international students from many different countries.

Our CRICOS accredited courses allow international students to pursue an Australian qualification in massage therapy whilst enjoying everything Australia has to offer.

International students can find more details about how to apply, course timetables and English proficiency information at our website www.schoolofmassage.com.au/internationalstudents

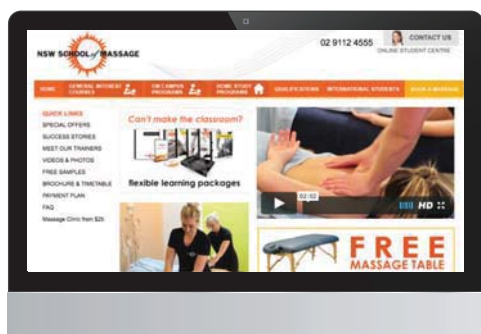
How do you learn best?

The NSW School of Massage offers both classroom and home study learning options for students*.

Classroom programs focus on a 'hands-on' approach to learning. You will get plenty of practical experience as well as theory lessons that are fun and dynamic. This allows students to immediately put theory into practice. Students will also get to practise their skills in our Student Clinic. This is a great opportunity to learn massage skills in a real life settings.

If you need more flexibility to achieve your massage qualifications then a quality home study program is a perfect option. As a student you will enjoy a course that combines easy-to-follow course notes plus hands on practical tasks and assignments.

Example Timetable	Day 1	Day 2
Session 1	Massage Lesson	Massage Lesson
Session 2	Massage Lesson	
+ 40 hours per term of student clinic		
+ 5 hours of home study per week on average		
4 intakes each year - January/April/July/October		



For more information visit www.schoolofmassage.com.au

- Detailed course & qualification information
- International Student information
- Enrolment & application information
- Timetables
- Tuition fees
- Free sample courses

*Note: International students are required to undertake classroom programs.



welcome to australia

Arranging accommodation

The main options you have for accommodation during your stay are the following:

- Home stay
- Temporary accommodation e.g. hotels or hostels
- Long stay hostels for students
- Shared accommodation
- Houses and apartments

More information about these types of accommodation and approximate costs can be found in the International Student Handbook.

Cost of living

All students will require a minimum of approximately AU \$18,610 per year to cover living expenses. Your living expenses will include things such as accommodation, food, transport and general expenses. You will need to also consider costs for airfares, tuition fees and Overseas Student Health Cover (OSHC).

Career Opportunities

Massage therapy offers a very rewarding and satisfying career path. You will get tremendous satisfaction from knowing you are directly improving the health and wellbeing of your clients. Massage therapy is also in high demand, which offers you strong career and business prospects.

Business Overview

Massage therapy provides a great opportunity to start your own business. Some of the benefits include having flexible work hours and the ability to work from home or your client's premises so you don't need to pay rent. Set up cost and risks are a lot lower compared to other businesses. Massage therapy also offers many people a perfect part time income stream that they can manage in addition to what they already do.

international students

Course entry checklist

To apply to the NSW School of Massage you must:

- Complete all details in the application form
- Have the required English language level for the course you are applying for
- Be 18 years of age or above
- Pay the course fees according to the fee schedule in your Letter of Offer
- Obtain and comply with your student visa.



English requirements

All courses at the School are taught in English. Applicants will need to show evidence of suitable English proficiency for the course they have chosen. Details of required English proficiency are updated on our English Proficiency Factsheet which can be found on our website: www.alg.edu.au/docs/alg_is_englishrequirements.pdf

English Partner Schools

If you believe that you need further English training before starting our courses, we can help. Studying with one of our English Partner Schools does not only give you a first class language education but you also enjoy the added benefit of saving on our \$95 Enrolment fee. You can find a list of our partners here:

www.alg.edu.au/docs/alg_is_pathwaylist.pdf



Overseas Student Health Cover

International students studying in Australia must have Overseas Student Health Cover as a condition of a student visa. Australia's national health system, Medicare, only covers Australian citizens and permanent residents.

Student support services

Our student advisors will help with all aspects of your study. They can assist you with career advice, study skills, advice on academic issues and course planning. They can also guide you through the application process. The School also employs a professional counsellor. Students requiring a counselling session should speak to student services for an appointment and conditions.

how to enrol

Steps	Procedure
Step 1	• Download the enrolment or application form from our website
Step 2	• Select your preferred course, campus and study days
Step 3	• Email your enrolment or application form to the school
Step 4	• Our Student Advisors will contact you to confirm your enrolment or application
Additional Steps for International Students	
Step 5	• After reviewing your application you will receive a <i>Letter of Offer</i> . Follow the instructions on the <i>Letter of Offer</i> . Please note that every <i>Letter of Offer</i> has an expiry date.
Step 6	• Once we have received the signed <i>Letter of Offer</i> and payment, you will be issued a <i>Confirmation of Enrolment (CoE)</i> which you will need to apply for your student visa.

"The **NSW School of Massage** really helped me **develop professionally** in the field of massage and thinking out of the box. They truly want us to be **great therapists** and conquer the world!" Ellen van der Heide

YOUR MASSAGE CAREER STARTS HERE!



- ✓ **Enjoy fun classes**
Our 'hands-on' approach to learning means you will gain plenty of practical experience. Our theory lessons are fun and dynamic.
- ✓ **Great job outcomes**
Graduating students can expect to apply for massage therapy jobs such as:
 - Massage Therapist
 - Massage Practice Manager
 - Massage Clinic Supervisor
 - Spa Manager
- ✓ **Industry recognition**
Our nationally accredited qualifications are recognised by leading industry associations.
- ✓ **Award winning education and 30 years experience**
Our School enjoys an excellent industry reputation for delivering quality education for over 30 years. We have been a finalist for both the **Australian Council for Private Education and Training** and **Victorian International Education Awards**.

Campus locations AUSTRALIA WIDE



Sydney campus

Head Office
Level 1, 225 Clarence Street,
SYDNEY, NSW 2000



Melbourne campus

Lincoln Square Fitness
Level 1, 183 Bouverie Street
Carlton, VIC 3053



Perth campus

Lords Recreation Centre
3 Price Street
Subiaco, WA 6008



Brisbane campus

University of Queensland
Sport and Fitness
Building 25, Union Road
St Lucia, QLD 4067

NSW SCHOOL of MASSAGE

Contact or visit us:

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