

Student Clinic Timetable



- Monday & Thursday bookings available from 10am to 1.30pm (last booking)
- Saturday am bookings available from 9am to 12.30pm (last booking)
- Saturday pm bookings available from 1.45pm to 5.15pm (last booking)

Day	Date	Morning Sessions	Afternoon Sessions
Saturday	19 th November	General	Sports - General
Monday	21 st November	General	-----
Thursday	24 th November	Aromatherapy	-----
Saturday	26 th November	General	
Monday	28 th November	Tui Na	-----
Thursday	1 st December	Sports	-----
Saturday	3 rd December	General	Aromatherapy - General
Monday	5 th December	General	-----
Thursday	8 th December	Aromatherapy	-----
Saturday	10 th December	General	Sports - General
Monday	12 th December	Tui Na	-----
Thursday	15 th December	Sports	-----
Saturday	17 th December	General	Sports - General
Monday	19 th December	General	-----
CHRISTMAS BREAK			
Monday	16 th January	General	-----
Thursday	19 th January	General	-----
Saturday	21 st January	General	General
Monday	23 rd January	General	-----
Thursday	26 th January	CLOSED	
Saturday	28 th January	General	General
Monday	30 th January	General	-----
Thursday	2 nd February	General	-----
Saturday	4 th February	General	General
Monday	6 th February	General	-----
Thursday	9 th February	General	-----
Saturday	11 February	General	General

Day	Date	Morning Sessions	Afternoon Sessions
Monday	13 th February	General	-----
Thursday	16 th February	General	-----
Saturday	18 th February	General	General
Monday	20 th February	General	-----
Thursday	23 rd February	General	-----
Saturday	25 th February	General	General
Monday	27 th February	General	-----

See below for prices and an explanation of massage styles.

The calendar is also available on our website www.schoolofmassage.com.au

All massage sessions are 55 minutes except Aromatherapy which is a 1 ½ hr session.

General Clinics offer clients the chance to experience a range of massage treatments. Massage treatments will be predominately Swedish and Remedial massage. Occasionally, students from the elective disciplines will also join general clinics.

Swedish Massage is a light relaxation massage which involves the use of hands, forearms or elbows to manipulate the superficial layers of the muscles to improve mental and physical health. **\$30**

Remedial Massage can be helpful in treating specific areas of muscle tension caused by stress or injury, or can be used to just relax. **\$30**

Sports Massage is a deep tissue massage for sport and occupational injuries. **\$30**

Aromatherapy Massage combines the use of essential oils along with massage to create enhanced benefits. It is ideal for people wanting to enhance their daily wellbeing and obtain relief from stress. This is a 1 ½ hr massage. **\$40**

Zen Shiatsu is a deeply effective style of healing. In a Zen Shiatsu treatment the vital channels or Meridians carrying our ki (chi or prana or 'life force') are pressed with the fingers, palms, elbows, knees or feet. The massage is done fully clothed, lying on a mat on the floor. **\$30**

Tui Na is an ancient healing art of Traditional Chinese Medicine which has been practiced in China for over 4000 years. Tui Na not only works on the muscles and joints, but also at a deeper level, affecting the flow of vital life energy in the body referred to as "Qi". **\$30**

To make a booking please call us on 02 9112 4555

All student massages take place in an open classroom environment with up to 10 student practitioners massaging their clients in the one room. Males and females share the one classroom. Your student practitioner may be a male or a female. You cannot request a specific student or type of massage, unless the clinic is a special elective style, such as Aromatherapy, Shiatsu, or Sports Massage.