

## Assessment 3 - Theory Examination

The Tui Na Theory Examination contributes to the assessment of your ability to demonstrate competency in the following:

Competency	Element
HLTREM406C Provide Massage Treatment	Apply massage techniques
	Apply remedial massage techniques
HLTREM502C Provide Remedial Massage Treatment	Advise and resource the client
	Review treatment

### Theory Examination Instructions

- Working Time: 1½ hours
- Pass Mark: 50%
- Exam Structure:  
**19 questions with varied marks assigned to each question, totalling 100 marks**
  - 10 multiple choice questions (10 marks)
  - 2 short answer questions (20 marks)
  - 7 long answer questions (70 marks)
- Write clearly in blue or black pen only
- Write your answers directly on your examination paper
- Write your name on the top of each piece of paper you submit for assessment
- Read all questions carefully
- Attempt to answer all questions
- Marks will not be deducted for incorrect answers
- No mobile phones, electronic dictionaries or other electronic devices to be used during the examination
- Once you leave the examination room, for whatever reason, during the exam you will not be able to return to continue the exam

On the following pages we have provided questions for you to review for your theory examination.

### Theory Examination Revision Questions

1. What does Tui Na mean?
2. What does Gun Fa mean?
3. Describe the application of Gun Fa?
4. Explain the use of Gun Fa within the theory of Traditional Chinese Medicine?
5. What type of conditions can Gun Fa be used for?
6. Explain the use of An Fa within the theory of Traditional Chinese Medicine?
7. What type of conditions can An Fa be used for?
8. Explain the use of Rou Fa within the theory of Traditional Chinese Medicine?
9. What type of conditions can Rou Fa be used for?
10. What are the contraindications to cupping?

11. Outline the pathway of the lung meridian?
12. What are the two common pattern associated with colds and flu and list the symptoms, tongue and pulse indications associated with the pattern?
13. What is Qi?
14. What is the relationship between Qi and blood?
15. What is the difference between excess and deficient pain?
16. What is the function of the spleen in Traditional Chinese Medicine?
17. How does Traditional Chinese Medicine view dysmenorrhea?
18. Name three points that you would use to treat dysmenorrhea and theory behind choosing these points?
19. What are the six external evils?
20. What is Qigong and its benefits?
21. What is a frozen shoulder?
22. What are the common patterns seen in Traditional Chinese Medicine for a frozen shoulder. Describe each pattern?
23. Explain assessment test that can be used for a frozen shoulder?
24. Outline massage plan for a frozen shoulder?
25. List and explain three acupuncture points in the treatment of a frozen shoulder?
26. What is the Kidneys function in Traditional Chinese Medicine?
27. Name and explain the three types of Qi?
28. Lower back pain can be characterised as?
29. Name, provide location and action of eight acupuncture points studied for lower back pain?
30. Outline the treatment routine for lower back pain?
31. Explain the assessments used to test positive for a herniated disc?